

Body Butter with Shea Butter & Cacao Butter

Phase A	Weight %	For 100 g / 3.6 oz
Macadamia Nut Oil (emollient)	15 %	15 g / 0.5 oz / 1 Tbsp
Shea Butter (emollient)	5 %	5 g / 1 1/2 tsp
Cacao Butter (emollient)	3 %	3 g / 1 1/2 Tbsp
Sorbitan Stearate (emulsifier)	1.5 %	1.5 g / 1/2 tsp
Polysorbate 60 (emulsifier)	3 %	3 g / 3/4 tsp
Cetyl Alcohol (thickener)	3 %	3 g / 1 tsp
Vitamin E Acetate (antioxidant)	1 %	1 g / 22 drops
Phase B		
Hot Distilled Water (diluent)	61 %	61 g / 2.2 oz / 1/4 cup
Xanthan Gum (thickener)	0.5 %	0.5 g / 1/4 tsp
EDTA (stabilizer)	0.2 %	0.2 g / 1/8 tsp
Glycerin (humectant)	4 %	4 g / 1 tsp
Phase C		
Aloe Vera 10x Concentrate (botanical)	1 %	1 g / 22 drops
Phenoxyethanol/SA (preservative)	1.5 %	1.5 g / 34 drops
Fragrance (optional)	0.3 %	0.3 g / 6 drops

Method

Add phase A into a disinfected, heat-resistant glass beaker and heat to 150oF/66oC to melt the ingredients. Add phase B into a separate beaker and stir well dissolving the gum. Add phase A to B and stir well, remove from the heat and stir until it is a homogenous cream. After the temperature has dropped below 100oF/40oC add phase C and stir again. The cream can be filled into jars.

Properties

Pleasant creamy body butter that gives lots of moisture and softens the skin. For normal to dry skin.