

Clay Mask with Proteins

Phase A	Weight %	For 100 g / 3.6 oz
Jojoba Oil (emollient)	2 %	2 g / ½ tsp
Polysorbate 80 (emulsifier)	3 %	3 g / 1/2 tsp
Phase B		
Hot Distilled Water (diluent)	67.5 %	67.5 g / 2.4 oz / 1/4 cup ½ Tbsp
Xanthan Gum (thickener)	0.5 %	0.5 g / ¼ tsp
Sodium PCA (humectant)	2 %	2 g / ½ tsp
Phase C		
Kaolin (clay, thickener)	18 %	18 g / 0.6 oz / 3 Tbsp
Phase D		
Hydrolyzed jojoba Protein (moisturizer)	3%	3 g / ½ tsp
Hydrolyzed Wheat Protein (moisturizer)	3%	3 g / ½ tsp
Benzyl Alcohol/DHA (preservative)	0.8 %	0.8 g / 17 drops
Fragrance	0.2 %	0.2 g / 4–5 drops

Method

no heating required. Mix phase A. Add phase B into a separate jar and stir with high speed to dissolve the gum. Add phase C to phase B and stir well. The add phase A to phase B/C and stir well. Finally add phase D and stir again well. The thickness can be adjusted with more kaolin or diluted with distilled water.

Properties

Kaolin clay draws impurities from within and the proteins and jojoba oil soften the skin. Use weekly and leave on skin for about 10 minutes or until the clay is dry. Then wash off with a damp wash cloth.