

## Anti- Aging Moisturizing Lift

(Sample Recipe for Avocado Butter)

Anti- Aging Moisturizing Lift		
Phase A	Weight %	For 240 g /8.5 oz
Distilled Water (diluent)	65.2 %	156 g / 5.6 oz
Glycerin (humectant)	5 %	12 g / 0.4 oz
Hyaluronic acid (humectant)	0.5 %	1.2 g / 0.04oz 1/2 tsp
Phase B		
Emulsifier Blend (emulsifier)	3 %	7.2 g / 0.3 oz
Triglyceride (emollient)	10 %	24 g / 0.9 oz
Meadowfaom Seed Oil (emollient)	10 %	24 g / 0.9 oz
SkinLift DPHP (active ingredient)	1 %	2.4 g / 0.08 oz 1 tsp
Phase C		
GelMaker EMU (gelling polymer/emulsifier)	1 %	2.4 g / 0.08 oz 1/2 tsp
Phase D		
SkinTight AP (active ingredient)	3 %	7.2 g / 0.3 oz
Paraben- DU (preservative)	1 %	2.4 g / 0.1 oz 50 drops
Fragrance	0.3 %	0.7 g / 0.02 oz 15 drops
Method		
<p>Add the distilled water and the glycerin to a disinfected, heat- resistant glass beaker and heat to 130F/55C, remove from the heat. Sprinkle the hyaluronic acid into the water and mix on high speed to avoid the formation of lumps. Add phase B into another glass beaker and heat to 140F/60C to melt the ingredients. Add phase B to the still warm phase A and stir well to form the cream. Add phase C to phase A/B and stir again. Add phase D one by one to phase A/B/C when the temperature is below 100F/40C, stir again well. The cream is best filled into jars.</p>		
Properties		
<p>Skin cream with firming and lifting properties due to SkinLift DPHP, it combats wrinkles and firms tissue by stimulating the contraction of collagen fibers. Long lasting firming and moisturizing effects. SkinTight AP is stimulating collagen synthesis and renewal of tissue, while hyaluronic acid has powerful moisturizing and anti- aging properties as well.</p>		