

## Easy Skin Lightening Gel with SkinWhite BLE

(Sample Recipe for Bearberry Leaves Extract- SkinWhite BLE)

Easy Skin Lightening Gel with SkinWhite BLE		
Phase A	Weight %	For 100 g /3.6 oz (by weight)
Distilled Water (diluent)	75.6 %	75.6 ml / 2.7 oz / 1/4 cup 1 Tbsp
Glycerin (humectant)	5 %	5 ml / 0.2 oz / 1 tsp
Phase B		
Triglyceride (emollient)	7 %	7 ml / 0.25 oz / 1 1/2 tsp
SkinWhite BLE (skin- whitener)	8 %	8 ml / 0.3 oz / 1 1/2 tsp
GelMaker EMU (thickener/emulsifier)	3 %	3 ml / 0.1 oz / 1/2 tsp
Phase C		
Phenoxyethanol/SA (preservative)	1.2 %	1.2 ml / 30 drops
Fragrance of your choice	0.2 %	0.2 ml / 5 drops
Method		
Add phase B into a disinfected, heat- resistant glass beaker and heat to 70C/158F, stir.		
Add phase A to another disinfected glass beaker and heat to the same temperature.		
Remove both beakers from the heat. Add phase A to phase B, make sure the Skinwhite BLE is thoroughly mixed. Add phase C when the temperature has cooled to 100F/40C, then stir again well before filling into jars.		
Properties		
Non- oily, light skin lightening gel made with bearberry leaves extract and magnesium ascorbyl phosphate (skinwhite BLE). It inhibits skin cells to produce melanin pigments by inhibiting the tyrosinase activity by reducing melanin biosynthesis and effectively lightens age spots and dark skin areas.		