

Body Butter with Shea Butter & Cocoa Butter

(Sample Recipe for Cocoa Butter)

Body Butter with Shea Butter & Cocoa Butter (o/w)		
Phase A	Weight %	For 240 g /8.5 oz
Macadamia Nut Oil (emollient)	15 %	36 g / 1.3 oz / 2 1/2 Tbsp
Shea Butter (emollient)	3 %	7.2 g / 0.23 oz / 1 3/4 tsp
Cacao Butter (emollient)	3 %	7.2 g / 0.23 oz / 1 Tbsp
Sorbitan Stearate (emulsifier)	1.5 %	3.6 g / 0.13 oz / 3/4 tsp
Polysorbate 60 (emulsifier)	3 %	7.2 g / 0.23 oz / 1 1/2 tsp
Cetyl Alcohol (thickener)	3 %	7.2 g / 0.23 oz / 3/4 Tbsp
Phase B		
Hot Distilled Water (diluent)	63 %	15 g / 5.4 oz / 1/2 cup 2 Tbsp
Xanthan Gum (thickener)	0.5 %	1.2 g / 0.04 oz (1/2 tsp)
Aloe Vera 10x Concentrate (botanical)	1 %	2.4 g / 0.5 oz /1/2 tsp
EDTA (stabilizer)	0.2 %	0.5 g / 0.02 oz / 1/4 tsp)
Glycerin (humectant)	4 %	4.8 g / 0.2 oz / 1 t sp
Phase C		
Vitamin E Acetate (antioxidant)	1 %	2.4 g / 0.1 oz / 50 drops
Phenoxyethanol/SA (preservative)	1.5 %	3.6 g / 0.12 oz / 80 drops
Fragrance	0.3 %	0.7 g / 0.03 oz / 16 drops
Method		
<p>Add phase A into a disinfected, heat- resistant glass beaker and heat to 150oF/66oC to melt the ingredients. Add phase B into a separate beaker and stir well to to dissolve the gum. Add phase A to B and stir until it is a homogenous cream. After temperature has dropped to 100oF/38oC add phase C and stir again. The cream can be filled into jars.</p>		
Properties		
<p>Pleasant creamy body butter that supplies the skin with lots of moisture due to sheabutter and cacaobutter and macadamia nut oil. For normal to dry skin.</p>		