

1156 - Cleansing Foot & Leg Scrub

Weight: 100.00g

Ingredient	INCI	Function	Percent	Wgt (g)	Wgt (oz)
Phase A					
Distilled Water	aqua	Diluent	52.95	52.95	1.87
EDTA	tetrasodium EDTA (ethylenediaminetetraacetic acid tetrasodium salt)	Chelating Agent	0.05	0.05	0.00
GelMaker Powder	acrylates C10-30 alkyl acrylate crosspolymer	Thickener	1.10	1.10	0.04
Phase B					
Glycerin, USP	glycerin	Humectant	3.00	3.00	0.11
Sulfosuccinate	disodium laureth sulfosuccinate	Surfactant	25.00	25.00	0.88
Polysorbate 20	polysorbate 20	Emulsifier	1.50	1.50	0.05
Coco Betaine	coco betaine	Surfactant	2.00	2.00	0.07
Phase C					
PEG-7 Glyceryl Cocoate	PEG-7 glyceryl monococoate	Emulsifier	2.00	2.00	0.07
Jojoba Castor Beads	hydrogenated jojoba oil, hydrogenated castor oil	Exfoliant	10.00	10.00	0.35
Walnut Shell Powder	juglans regia (walnut)	Exfoliant	2.00	2.00	0.07
Menthol Crystals, USP	menthol	Fragrance	0.10	0.10	0.00
Peppermint Oil, USDA Certified Organic	organic mentha arvensis (peppermint) oil	Fragrance	0.30	0.30	0.01

Procedure

Add EDTA to the water phase and stir until dissolved. Sprinkle the GelMaker Powder into the water and let it hydrate, then mix with a stick blender. Add phase B to phase A and stir after each ingredient until viscosity increases. Add phase ingredients one by one to phase A/B and stir after each addition. Test the fragrance and increase if needed. Package into bottles with a disc dispenser or a pump device.

Properties

What a delight for the feet and legs to get a scrub massage with the gentle jojoba castor beads. Added walnut shell powder adds a bit more exfoliation but can be replaced by jojoba castor beads if too harsh. It's sure a treat after a long day and finish off with the Peppermint Foot & Leg Crème!