

1953 - Epsom Salt Bath

Weight: 100.00g

Ingredient	INCI	Function	Percent	Wgt (g)	Wgt (oz)
Phase A					
Epsom Salt	Magnesium sulfate	Diluent	83.00	83.00	2.93
Coco Caprylate Caprate	Coco Caprylate Caprate	Emollient	10.00	10.00	0.35
Polysorbate 80	Polysorbate 80	Emulsifier	3.00	3.00	0.11
Peppermint Essential Oil	Organic Mentha Arvensis (peppermint) oil	Fragrance	1.00	1.00	0.04
Meadowfoam Seed Oil	Limnanthes Alba (Meadowfoam) seed oil	Emollient	2.00	2.00	0.07
Phase B					
Chromium Oxide Green	Chromium Oxide Green	Colorant	0.01	0.01	0.00
Coco Caprylate Caprate	Coco Caprylate Caprate	Emollient	1.00	1.00	0.04

Procedure

Phase A: Add to a clean vessel and blend.

Phase B: Pre-disperse oil and color, then add drop wise to Phase A.

Properties

Delightful salt bath with Magnesium sulfate (Epsom salt) which may help in relaxing sore muscles and may relieve pain in the feet, legs, shoulders, and back. The perfect soak for fall/winter to combat aches and pains. Added emollients help soften & moisturize the skin.