

**1584 - Exfoliating Shower Gel (100.00g)**

<b>Ingredient</b>	<b>Function</b>	<b>Percent</b>	<b>Wgt (g)</b>	<b>Wgt (oz)</b>	<b>Vol (tsp.)</b>
<b>Phase A</b>					
Distilled Water (aqua)	Diluent	64.50	64.50	2.27	12.90
Sea Salt (sodium chloride)	Thickener	1.00	1.00	0.04	0.20
<b>Phase B</b>					
Decyl Glucoside Sodium Lauroyl Lactylate (decyl glucoside, sodium lauroyl lactylate)	Surfactant	20.00	20.00	0.71	4.00
<b>Phase C</b>					
Glucose SORB (sorbeth-230 tetraoleate, decyl glucoside, sorbitan laurate)	Thickener	4.00	4.00	0.14	0.80
PEG-7 Glyceryl Cocoate (PEG-7 glyceryl monococoate)	Emollient	1.50	1.50	0.05	0.30
<b>Phase D</b>					
Phenylpropanol EHG Phenylpropanol, ethylhexyl glycerin	Anti-microbial	0.70	0.70	0.02	0.14
Rice Bran Beads (Oryza Sativa Cera [Rice] bran wax)	Exfoliant	8.00	8.00	0.28	1.60
Fragrance Woodlands Fragrance	Fragrance	0.30	0.30	0.01	0.06

**Method**

Combine phase A ingredients. Stir well to mix. Add phase B to A, gently stirring to disperse surfactants. Once combined, add phase C and heat with gentle stirring until uniform. Remove from heat, cool to RT (room temp) with constant agitation. Add phase D and stir well.

**Properties**

Mild Shower Gel with natural rice bran beads to exfoliate. Simple, basic formula. Fragrance is optional - woodlands fragrance smells earthy and has a hint of sandalwood.