

## Shea Lip Care Balm

(Sample Recipe for Lecithin)

Shea Lip Care Balm		
Phase A	Weight %	For 50 g / 1.8 oz
Jojoba Oil (emollient)	35 %	17.5 g / 1 Tbsp ½ tsp
Castor Oil (emollient)	11 %	5.5 g / 1 tsp
Triglyceride (emollient)	23 %	11.5 g /2 ½ tsp
Shea Butter (thickener/emollient)	12 %	6 g / 1 ½ tsp
Bees Wax (thickener)	17 %	8.5 g / 1 Tbsp 1 ¼ tsp
Lecithin (emulsifier)	0.5 %	0.25 g / 6 drops
Phase B		
Provitamin B5 (protecting)	1 %	0.5 g / 12 drops
Tocopherol (antioxidant)	0.2 %	0.1 g / 2 drops
Allantoin (antiinflammatory)	0.2 %	0.1~g / less than $1/16~tsp$
Food Flavoring (flavor)	0.3 %	0.15 g / 3 drops

## Method

Add phase A into a glass beaker and heat to 154°F/68°C, until the wax and butter is melted. Remove from the heat. Add phase B and stir until uniform. Fill the mixture while still liquid into lip balm sticks or lip balm jars. As soon as the liquid has become solid, the lip balm is ready to use.

## **Properties**

Solid lip balm with natural shea butter for well-moisturized lips. Formulated with allantoin and vitamin B5 to provide anti-inflammatory and antioxidant protection. Precious jojoba oil has been chosen as emollient.