

1156 - Cleansing Foot & Leg Scrub (100.00g)

Ingredient	Function	Percent	Wgt (g)	Wgt (oz)	Vol (tsp.)
Phase A					
Distilled Water (aqua)		52.95	52.95	1.87	10.59
EDTA (tetrasodium ethylenediaminetetraacetic acid tetrasodium salt)		0.05	0.05	0.00	0.01
GelMaker Powder (acrylates C10-30 alkyl acrylate crosspolymer)		1.10	1.10	0.04	0.22
Phase B					
Glycerin (glycerin)		3.00	3.00	0.11	0.60
Sulfosuccinate (disodium laureth sulfosuccinate)		25.00	25.00	0.88	5.00
Polysorbate 20 (polysorbate 20)		1.50	1.50	0.05	0.30
Coco Betaine (cocamidopropyl betaine)		2.00	2.00	0.07	0.40
Phase C					
PEG-7 Glyceryl Cocoate (PEG-7 glyceryl monococoate)		2.00	2.00	0.07	0.40
Polylactic Acid Beads (polylactic acid)		10.00	10.00	0.35	2.00
Walnut Shell Powder (Juglans regia [walnut])		2.00	2.00	0.07	0.40
Menthol Crystals (menthol)		0.10	0.10	0.00	0.02
Fragrance Peppermint Oil, Organic		0.30	0.30	0.01	0.06

Method

Add EDTA to the water phase and stir until dissolved. Sprinkle the GelMaker Powder into the water and let it hydrate, then mix with a stick blender. Add phase B to phase A and stir after each ingredient until viscosity increases. Add phase ingredients one by one to phase A/B and stir after each addition. Test the fragrance and increase if needed. Package into bottles with a disc dispenser or a pump device

Properties

What a delight for the feet and legs to get a scrub massage with the gentle polylactic acid beads. Added walnut shell powder adds a bit more exfoliation but can be replaced by polylactic acid if too harsh. It's sure a treat after a long day and finish off with the Peppermint Foot & Leg Crème!