

## **Natural Skin Lotion**

(Sample Recipe for CreamMaker® Fluid)

Natural Skin Lotion		
Phase A	Weight %	For 100g/3.6oz
Distilled Water (diluent)	76.6 %	76.6 g / 2.7 oz
Glycerin	2 %	2 g / 0.1oz / ½ tsp
Xanthan Gum (thickener)	0.2 %	0.2 g / 0.01 oz
ICE Sunflower, Thickener (Sunflower wax, sodium polyacrylate)	3 %	3 g / 0.1 oz
Phase B		
Jojoba Oil (emollient)	6 %	6 g / 0.2 oz / 1 ¼ tsp
Sunflower Seed Oil (emollient)	4 %	4 g / 0.15 oz / 1 tsp
SheaNut Olein (emollient)	2 %	2 g / 0.1 oz / ½ tsp
CreamMaker Fluid, Emulsifier (Sorbitan Laurate, polyglycerl-4 laurate, dilauryl citrate)	4 %	4 g / 0.2 oz
Phase C		
Caprylyl Glycol EHG (anti-microbial agent)	1 %	1 g / 0.04 oz / 22 drops
Honeysuckle Blend (anti-microbial botanical)	1 %	1 g / 0.04 oz / 22 drops
Fragrance Coconut (or fragrance free)	0.2 %	0.2 g / 4 drops

## Method

Mix the xanthan gum into the water/glycerin and let hydrate for 2 minutes. Then mix with a stick blender until smooth and hydrated. Add ICE Sunflower and mix well using a stick blender until smooth.

Combine phase B. Then add phase B to phase A and mix well using a stick blender.

Add phase C to phase A/B and mix again well.

If necessary the viscosity can be increased by adding more of the ICE Sunflower.

## **Properties**

Moisturizing, non-greasy Lotion with good rub-in (without whitening) for the sensitive skin, with natural emollients and a "preservative free" anti-microbial system.