# Anti-Aging Moisturizing Lift 

(Sample Recipe for Avocado Butter)

| Anti-Aging Moisturizing Lift |  |  |
| :---: | :---: | :---: |
| Phase A | Weight \% | For $240 \mathrm{~g} / 8.5 \mathrm{oz}$ |
| Distilled Water (diluent) | 65.2 \% | $156 \mathrm{~g} / 5.6 \mathrm{oz}$ |
| Glycerin (humectant) | 5 \% | $12 \mathrm{~g} / 0.4 \mathrm{oz}$ |
| Hyaluronic acid (humectant) | 0.5 \% | $1.2 \mathrm{~g} / 0.04 \mathrm{oz} 1 / 2 \mathrm{tsp}$ |
| Phase B |  |  |
| Emulsifier Blend (emulsifier) | 3 \% | $7.2 \mathrm{~g} \mathrm{/} 0.3 \mathrm{oz}$ |
| Triglyceride (emollient) | 10 \% | $24 \mathrm{~g} / 0.9 \mathrm{oz}$ |
| Meadowfaom Seed Oil (emollient) | 5 \% | $12 \mathrm{~g} / 0.4 \mathrm{oz}$ |
| Avocado Butter (emollient) | 5 \% | $12 \mathrm{~g} / 0.4 \mathrm{oz}$ |
| SkinLift DPHP (active ingredient) | 1 \% | $2.4 \mathrm{~g} / 0.08$ oz 1 tsp |
| Phase C |  |  |
| GelMaker EMU (gelling polymer/emulsifier) | 1 \% | $2.4 \mathrm{~g} / 0.08$ oz 1/2 tsp |
| Phase D |  |  |
| SkinTight AP (active ingredient) | 3 \% | $7.2 \mathrm{~g} \mathrm{/} 0.3 \mathrm{oz}$ |
| Paraben-DU (preservative) | 1 \% | $2.4 \mathrm{~g} / 0.1$ oz 50 drops |
| Fragrance | 0.3 \% | $0.7 \mathrm{~g} / 0.02$ oz 15 drops |
| Add the distilled water and the glycerin to a disinfected, heat-resistant glass beaker and heat to $130 F / 55 \mathrm{C}$, remove from the heat. Sprinkle the hyaluronic acid into the water and mix on high speed to avoid the formation of lumps. Add phase B into another glass beaker and heat to 140F/60C to melt the ingredients. Add phase $B$ to the still warm phase $A$ and stir well to form the cream. Add phase $C$ to phase $A / B$ and stir again. Add phase $D$ one by one to phase $A / B / C$ when the temperature is below 100F/40C, stir again well. The cream is best filled into jars. |  |  |
| Properties <br> Skin cream with firming and lifting tissue by stimulating the contraction SkinTight AP is stimulating collage powerful moisturizing and anti-ag | SkinLift DP <br> s. Long las newal of tis ell. | s wrinkles and firms and moisturizing effects. aluronic acid has |

