# MakingCosmetics 

## Face Moisturizer with Watermelon Extract

(Sample Recipe for Natural Gel Wax)

Face Moisturizer with Watermelon Extract

| Phase A | Weight \% | For $100 \mathrm{~g} / 3.6 \mathrm{oz}$ (by weight) |
| :---: | :---: | :---: |
| Distilled Water (diluent) | 75 \% | $75 \mathrm{~g} / 2.7 \mathrm{oz}$ |
| Sodium PCA (humectant) | 2 \% | $2 \mathrm{~g} / 1 / 2 \mathrm{tsp}$ |
| Phase B |  |  |
| CreamMaker Blend (emulsifier) | 3 \% | $3 \mathrm{~g} / 0.1 \mathrm{oz} / 1 \mathrm{tsp}$ |
| Natual Gel-Wax (emollient) | 5 \% | $5 \mathrm{~g} / 0.2 \mathrm{oz} / 1 \mathrm{tsp}$ |
| Isoeicosane (emollient) | $6 \%$ | $6 \mathrm{~g} / 0.2 \mathrm{oz} / 1 \mathrm{l} / 4 \mathrm{tsp}$ |
| Cetyl Alcohol (thickener) | 3 \% | $3 \mathrm{~g} / 0.1 \mathrm{oz} / 1 \mathrm{tsp}$ |
| Vitamin E Acetate (antioxidant) | 1 \% | $1 \mathrm{~g} / 22$ drops |
| Phase C |  |  |
| GelMaker EMU (thickener/emulsifier) | 1 \% | $1 \mathrm{~g} / 22$ drops |
| Phase D |  |  |
| Benzylalcohol/DHA (preservative) | 0.8 \% | $0.8 \mathrm{~g} /$ or 18 drops |
| Watermelon Extract (antioxidant) | $3 \%$ | $3 \mathrm{ml} / 0.1 \mathrm{oz} / 1 / 2 \mathrm{tsp}$ |
| Fragrance of you Choice (optional) | 0.2 \% | $0.2 \mathrm{ml} / 4$ drops |
| Method |  |  |
| Add phase A to a heat-resistant glass beaker and heat to $150 \mathrm{~F} / 65 \mathrm{C}$. Add phase B to another disinfected glass beaker and heat to the same temperature to melt the ingredients. Add phase B to phase A and stir very well, remove from the heat. Stir continuously until the cream has a uniform consistency. Add phase $C$ to phase $A / B$ to adjust the viscosity, stir very well until the cream looks uniform. Cool to 100F/40C, and add phase D, stir again well. The cream can be filled into jars. For all skin types. |  |  |
| Properties |  |  |
| Moisturizer that contains natural gel antioxidant and protects the skin from Extract is also a very good antioxidan free radicals it reduces the break-dow | he active in ive oxygen cells again skin cells. | vitamin E acetate is a potent nd UV rays. Watermelon ress induced by UV light and |

