

## Sebum-Regulation Gel

(Sample Recipe for Multi Herb Oily Skin)

Sebum-Regulation Gel		
Phase A	Weight %	For 50g / 1.8 oz
Distilled Water (diluent)	83.8 %	41.9 ml / 1.5 oz / 2 Tbsp 2 tsp
Corn Starch AS	4 %	2 g / 0.07oz / 1/2 tsp
Phase B		
Triglyceride (non-oily emollient)	5 %	2.5 ml / 0.1 oz / 1/2 tsp
GelMaker EMU (gelling emulsifier)	3 %	1.5 ml / 0.1 oz / 35 drops
Phase C		
Multi-Herb Oily Skin (active ingredient)	3 %	1.5 ml / 0.05oz / 1/4 tsp
Phenoxyethanol/SA (preservative)	1 %	0.5 ml / 12 drops
Fragrance of your Choice	0.2 %	0.1 ml / 2-3 drops
<b>Method</b>		
Give phase A into a disinfected glass beaker and stir. Add phase B into another disinfected glass beaker and stir. Add phase B to phase A and stir very well until the gel is homogenous. Add the other ingredients of C to phase A/B and stir well. The gel can be filled in treatment pumps, jars or tubes. The viscosity can be adjusted with GelMaker EMU.		
<b>Properties</b>		
Light gel with Multi-Herb Oily Skin to treat skin with high levels of sebum production and follicular inflammation, itching and loss of hydration. Cornstarch acts as mattifying agent and is binding oil on the skin.		