

Strengthening Hair Conditioner

(Sample Recipe for ICE conditioner)

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Phase A	Weight %	For 100 g / 3.6 oz
ICE Conditioner (Cetyl alcohol, behentrimonium chloride, cocamidopropyl betaine, sorbitan laurate.)	8 %	8 g / 0.3 oz
Palm Butter (emollient)	1 %	1 g / 0.04 oz
Phase B		
Distilled Water (diluent)	84.2 %	84.2 g / 3 oz
Phase C		
Rhodiola Hair Active (Botanical)	3 %	3 g / 0.1 oz
Lupine Protein (humectant)	2 %	2 g / 0.07 oz
Phenoxyethanol/SA (preservative)	1.5 %	1.5 g / 0.05 oz
Fragrance (optional)	0.3 %	0.3 g / 0.01 oz

Method

Add phase A into a disinfected glass beaker.
Heat phase B to 170F/75C and add to Phase A.
Blend mixture well until uniform, using a stick blender.
Cool to 100F/40C and add phase C, blend well.
Fill into squeezable bottle.

Properties

Pleasant light, creamy conditioner with just a little bit of palm butter for softening and moisturizing. Rhodiola Hair Active adds strength and elasticity to the hair while lupine protein amino acids, nourish the hair.