

Skin Toner For Sensitive Skin

(Sample Recipe for Bamboo Extract)

Blemish Skin Toner

Phase A	Weight %	For 100 g / 3.6 oz (by weight)
Distilled Water (diluent)	86.5 %	86 g / 3 oz
Aloe Vera Extract 10x Concentrated	2 %	2 g / 1/2 tsp
Bamboo Extract	5 %	5 g / 1 tsp
Marrubium Extract	5 %	5 g / 1 tsp
Phase B		
Polysorbate 20 (solublizer)	0.5 %	0.5 % / 12 drops
Phenoxyethanol/SA (preservative)	1 %	1 % / 24 drops

Method

Add phase A to a disinfected glass beaker and stir well. Add phase B to phase A and stir well. Package into a bottle with a pump spray head. www.makingcosmetics.com.

Properties

Herbal toner that has soothing, antibacterial and anti-inflammatory properties. Best used for blemished skin, acneic skin or after shaving.