

## Natural Anti-Stress Mask

(Sample formulation for Caprylic Acid Combo)

### Natural Anti-Stress Mask

Phase A	Weight %	For 100 g / 3.6 oz (by weight)
Distilled Water (diluent)	69.3 %	69.3 g / 2.6 oz
Edelweiss Extract (botanical)	2 %	2 g / 0.10 oz
Algae Extract & Hyaluronic Acid (botanical with HA)	4 %	4 g / 0.15 oz
Cucumber Extract (botanical)	4 %	4 g / 0.15 oz
White Tea Extract (botanical)	4 %	4 g / 0.15 oz
Kaolin Green Clay (mineral)	3 %	3 g / 0.1 oz
ICE Alginate (natural thickener blend)	5 %	5 g / 0.2 oz
<b>Phase B</b>		
Camelina Oil (emollient)	7 %	7 g / 0.25 oz
<b>Phase C</b>		
Caprylic Acid Combo (preservative)	1.5 %	35 drops
Fragrance (Pineapple Lily)	0.2 %	5 drops

#### Method

Add all ingredients except for the ICE Alginate into a disinfected mixing vessel.

Mix well until uniform. Add ICE Alginate and mix thoroughly using a stick blender, sheer mixer or homogenizer. Add Phase B and mix again well, it will become thicker and creamy. Add more ICE Alginate if the consistency should increase. Mix well to get it free of lumps. Add phase C and give a final good mix.

#### Properties

Face Mask with all the good ingredients that moisturize, soothe, and protect and the skin. Strengthens the defense mechanism and detoxifies. Indulge!