

## Restoring Facial Treatment with Ceramides & Peptides

(Sample Recipe for Ceramide Complex)

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Phase A	Weight %	For 100 g / 3.6 oz
Macadamia Nut Oil (emollient)	12 %	12 g / 0.4 oz / 2 1/2 tsp
Cream Maker CA-20 (emulsifier)	6 %	6 g / 0.2 oz / 3/4 Tbsp
Glyceryl Stearate (thickener)	1 %	1 g / 1/2 tsp
Lecithin (emulsifier)	1 %	1 g / 22 drops
<b>Phase B</b>		
Distilled Water (diluent)	66.4 %	66.4 g / 2.4 oz
Sodium PCA (humectant)	2 %	2 g / 0.1 oz / 1/2 tsp
Xanthan Gum (thickener)	0.2 %	0.2 g / 1/4 tsp
<b>Phase C</b>		
Ceramide Complex (Ceramides)	6 %	6 g / 1 1/4 tsp
Glycan Booster Peptide (peptide)	4 %	4 g / 1 tsp
Phenoxyethanol/SA (preservative)	1.2 %	1.2 g / 30 drops
Fragrance (optional)	0.2 %	0.2 g / 4-5 drops

#### Method

Give Phase A into a disinfected, glass beaker. Give Phase B into a separate beaker and stir well to dissolve the xanthan gum. Heat both beakers in a hot water phase to 160F/70C and until ingredients are melted. Add Phase A to Phase B and stir well. Remove from the heat and homogenize. When cool to 100F/40C add phase C, stirring after each ingredient. Fill into a treatment bottle or into a cosmetic jar.

#### Properties

Face Cream that will restore barrier function and deeply moisturizes the skin. It will boost the skin's own production of connective tissue proteins of hyaluronan and proteoglycans and firms the skin from the inside out. Apply twice a day after cleansing. Ideal for tired, sensitive and sagging skin.