

**1835 - Avocado Exfoliating Mask (100.00g)**

Ingredient	Function	Percent	Wgt (g)	Wgt (oz)	Vol (tsp.)
<b>Phase A</b>					
Distilled Water (aqua)	Diluent	52.30	52.30	1.84	10.46
Glycerin (glycerin)	Humectant	4.00	4.00	0.14	0.80
Xanthan Gum, Prehydrated (xanthan gum)	Thickener	0.50	0.50	0.02	0.10
<b>Phase B</b>					
Avocado Oil (Persea Gratissima [avocado] oil)	Emollient	3.50	3.50	0.12	0.70
Glyceryl Stearate SE (glyceryl stearate)	Emulsifier	2.00	2.00	0.07	0.40
Cetearyl Alcohol (cetearyl alcohol)	Emulsifier	3.00	3.00	0.11	0.60
Avocado Butter (Persea Gratissima [avocado] oil, glycine soja (soybean) lipids, beeswax)	Emollient	2.00	2.00	0.07	0.40
<b>Phase C</b>					
Kaolin Clay, Olive (kaolin)	Texturizer	24.70	24.70	0.87	4.94
Colloidal Oatmeal (Avena Sativa [Oat] kernel flour)	Botanical	3.00	3.00	0.11	0.60
<b>Phase D</b>					
Phenoxyethanol SA (phenoxyethanol, sorbic acid, caprylyl glycol)	Preservative	1.00	1.00	0.04	0.20
Vitamin E Tocopherol (dl-alpha tocopherol)	Anti-oxidant	0.20	0.20	0.01	0.04
Avocado Powder (persea gratissima (avocado) fruit powder)	Exfoliant	2.50	2.50	0.09	0.50
Natural Peptide (chenopodium quinoa seed extract, water)	Moisturizer	1.00	1.00	0.04	0.20
Fragrance White Tea	Fragrance	0.30	0.30	0.01	0.06

**Method**

1. Mix phase A and heat to 60C. 2. Mix phase B and heat to same temperature. 3. Once fully heated, mix phase B into phase A and stir well. 3. While still hot, add phase C one by one. 4. Once cooled below 30C, add phase D one by one and package into jar or squeeze tube.

**Properties**

Creamy, exfoliating Face Mask that combines moisturizing & soothing ingredients with mineral clay. Fine avocado powder helps with the exfoliating process. The mask can be rinsed off after rubbing into skin to exfoliate, or left on the skin for a few more minutes to deeply moisturize.